



In the dentist's chair For teeth to match your perfect smile

The Drop-in Centre, Smilepod

Smilepod is a unique drop-in hygienist service that concentrates on all the nice things associated with dentistry, such as polishing and whitening, but none of the nasties, like fillings - its prices are similarly smile-inducing - a clean and polish costs just £35. 23 Rose Street, WC2 (020 7836 6866)

Wonderful Whitening,

Swiss Smile Dental Clinics

The charming Dr Das at Swiss Smile on Brook Street encourages clients to stay close to their original tooth shade, lightening by only

several degrees to give a natural, but very polished, result. His fabulous new Zoom Advanced Power 3 Tooth Whitening Treatment involves just three 15-minute sessions at the clinic. Special offer, £195. 10 Brook Street, W1 (020 7290 1180)

The Teeth Makeover,

The Welbeck Clinic

Those in a hurry to sort out the wonkiness of their teeth could do worse than book an appointment with Dr Joe Oliver at the Welbeck Clinic. His unique Six Month Smile treatment focuses

shamelessly on the cosmetic appearance of the teeth, providing a very speedy result. Dr Oliver is a whizz with both braces and veneers, and his dental work is flawless. £75 for a primary consultation. 20 Welbeck Street, W1 (020 7486 8100)

High-Tech Brushing, The Oral-B Triumph 5000 Toothbrush

Who doesn't admit to cutting the odd corner when brushing their teeth? The Oral-B Triumph 5000 electric toothbrush (above) delivers instant, while-you-brush feedback via an interactive

digital display (a bit like a sat nav), ensuring that you develop the perfect brushing routine. £160, available nationwide

At-Home Whitening, Go Smile Go All Out Kit

This sleek at-home whitening kit (above), fresh from Los Angeles, contains a high-tech seven-day system to attain a brighter and whiter smile, as well as touch-up treatments and aromatherapy toothpastes to maintain it. We think it's the chicest at-home whitening treatment around. £100, exclusively at Space NK. RB

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